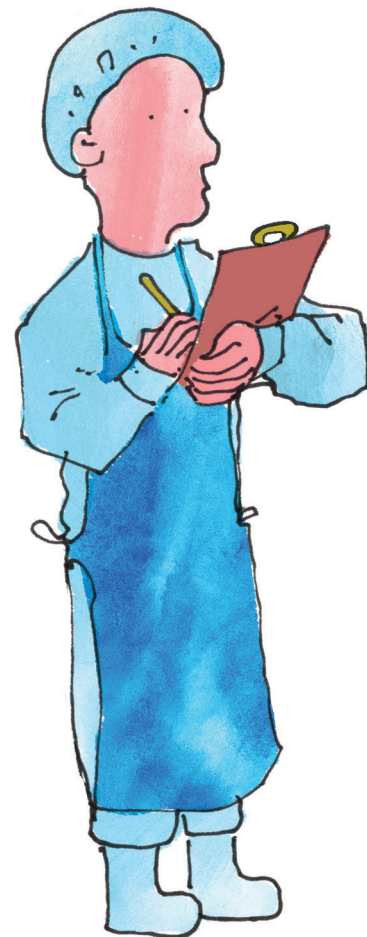


# MEASUREMENT OF MUSCULOSKELETAL DISORDER – MSD



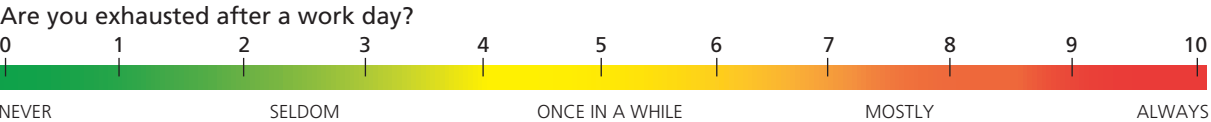
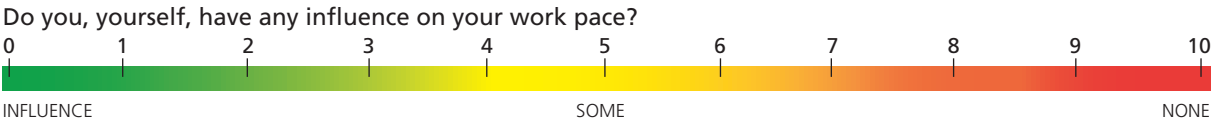
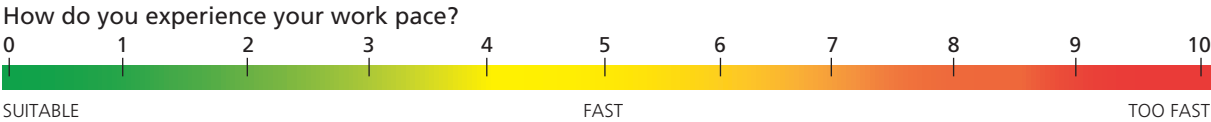
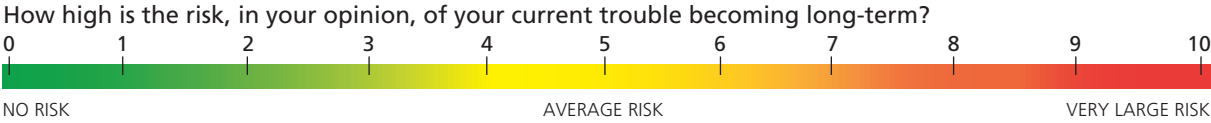
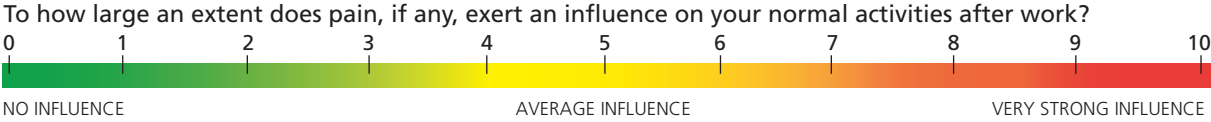
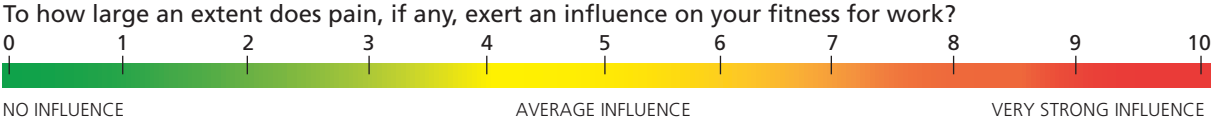
# MEASUREMENT OF MUSCULOSKELETAL DISORDER – MSD

## PREVALENCE OF MUSCULOSKELETAL DISORDER

Department / name: \_\_\_\_\_ Date: \_\_\_\_\_

Did you experience discomfort, pain, distress – MSB	DURING THE LAST WEEK		THE LAST MONTH
	Hands / wrist	_____	_____
Elbows	_____	_____	_____
Shoulder / shoulder region	_____	_____	_____
Neck	_____	_____	_____
Upper part of the back	_____	_____	_____
Lower part of the back	_____	_____	_____
Legs	_____	_____	_____

Please respond on a scale of one to ten, with 0 being none and 10 the worst pain imaginable

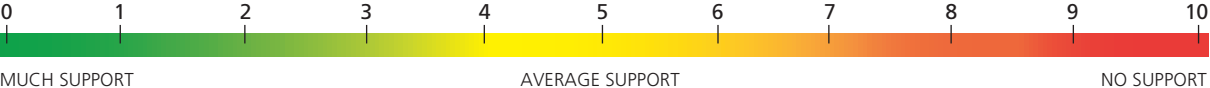


## PREVALENCE OF MUSCULOSKELETAL DISORDER

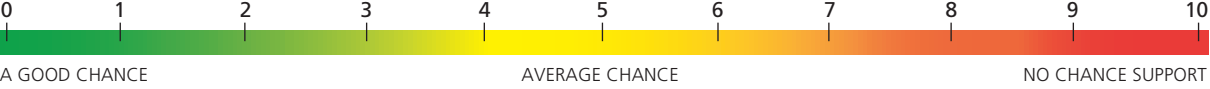
How do you experience the support/cooperation from your most immediate superior, if you are or have been in pain?



How do you experience the support/cooperation from your colleagues, if you are or have been in pain?



How do you, yourself, experience your chances of reducing the MSD consequences on your own?



How often do you take pain-killing drugs to cope with your job?



Is there anything in your family / leisure life that may influence your MSD?



How would you, in general, assess your physical health?



How would you, in general, assess your mental health?



Any comments concerning your working situation that might be useful in our preventative work:

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WE THANK YOU FOR YOUR ANSWERS  
The answers are to be used for improvement of our work place.

Kind regards from your work environment group and the Work Environment Committee